



HC3S - Special Diets

HC3S provides special diets for pupils with allergies who want to have a school meal. It should be noted that these special diets are for pupils with a medical problem, not just a dislike of certain food, and medical evidence of the child's allergy will be required.

The standard primary school menu is however, nut free, with all the products used being confirmed as having been manufactured in a nut free environment. Any child with a nut allergy can therefore eat our standard menu without having to register for a special diet.

The other diets catered for are:

- Coeliac (Gluten And Wheat free)
- Dairy free
- Egg free

We work with the dietician to produce these specific diets. The products and areas of production are included in the analysis by the dietician to make sure products are suitable for children with these specific allergies. The products used in these diets are never substituted.

Children requiring a special diet are registered with HC3S by liaising with the parents/carers, school and catering staff to ensure the correct meal is provided. It is the responsibility of the parents/carers to tell the school that their child has an allergy and also provide medical evidence, for example a letter from their GP or a consultant pediatrician, together with any information received from the state registered dietician.

Once the school has received this information they will tell the HC3S Cook Supervisor who will, in turn, discuss the requirement with their line manager. The line manager will ask for an appropriate special diet menu from the Food Development Officer and then arrange a meeting with the dietician (if appropriate). The parent/carer and the Cook Supervisor will complete the registration form and will arrange the start date for the special diet.

Once the registration form has been completed, safe and unsafe food is identified. The registration form is returned to the Food Development Officer for our records and a copy kept in the kitchen.

The Cook Supervisor keeps details for all special diet children to make sure the appropriate food is prepared each day and given to the appropriate pupil.

**For more information on special diets, please contact
Evelyn Cook on 023 8062 7730**